

Week 1 November 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN meat	Beef meatball Sandwich Potato wedges	Cheese topped bbq chicken breast Potato wedges	Roast gammon Roast potatoes Gravy	Spaghetti Bolognese Garlic bread	Battered fish chips
MAIN vegetarian	Quorn burger in bun	Vegetable curry rice	Quorn sausage	Cheese & onion pastie Potato wedges	Quorn nuggets
VEGETABLES	Sweetcorn Roasted vegeta- bles, salad	Carrots Cabbage, salad	Cauliflower Broccoli, salad	Green veg med- ley (leeks, peas, green beans)	Peas salad
DAILY EXTRAS	Jacket potato- cheese, tuna mayo, beans, coleslaw	Jacket potato- cheese, tuna mayo, beans, coleslaw	Jacket potato- cheese, tuna mayo, beans, coleslaw	Jacket potato- cheese, tuna mayo, beans, coleslaw	Jacket potato- cheese, tuna mayo, beans, coleslaw
DESSERT	Choc & pear sponge custard	Marble cake custard	Jam sponge custard	Peach sponge custard	Lemon cake

Week 2 November 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN (meat)	Pork sausages, gravy, mashed potatoes	Minced beef & potato pie Mashed potato	Roast chicken, roast potatoes Yorkshire pud gravy	Beef burger in a bun Potato wedges	Fish fingers chips
MAIN (vegetarian)	Macaroni cheese	Quorn & veg pie	Quorn sausage	Bean burger in a bun	Vegetable chilli rice
VEGETABLES		Cauliflower salad	Red cabbage salad	coleslaw	Peas salad
DAILY EXTRAS	Jacket potato- cheese,tuna mayo, beans, coleslaw	Jacket potato- cheese,tuna mayo, beans, coleslaw	Jacket potato- cheese,tuna mayo, beans, coleslaw	Jacket potato- cheese,tuna mayo, beans	Jacket potato- cheese,tuna mayo, beans, coleslaw
DESSERT	Apple & berry sponge, custard	Chocolate crispie bun	Berry cheesecake	Chocolate sponge custard	Pear & oat crumble custard

Week 3 November 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN (meat)	Chicken breast burger Potato wedges	Tuna pasta bake Garlic bread	Roast beef, Yorkshire pud, roast potatoes, gravy	Beef Lasagne	Battered Fish chips
MAIN (vegetarian)	Quorn hotdog	Tomato pasta bake	Quorn sausage	Vegetable lasagne	Quorn nuggets
VEGETABLES	coleslaw	Mixed veg. salad	Green beans salad		Mushy peas salad
DAILY EXTRAS	Jacket potato cheese,tuna mayo, beans	Jacket potato cheese,tuna mayo, beans, coleslaw	Jacket potato cheese,tuna mayo, beans, coleslaw	Jacket potato cheese,tuna mayo, beans, coleslaw	Jacket potato cheese,tuna mayo, beans, coleslaw
DESSERT	Pineapple cake custard	Syrup sponge custard	Chocolate brownie	Pear sponge custard	Orange sponge