## Healthy Winter Holiday

Please take a look at our information leaflets for a Healthy Winter Holiday.

We also have information about available food banks.



# healthy holidays winter

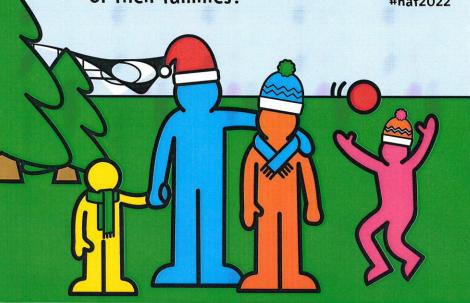
A FREE programme of activities and food for children and young people in Hull

> are you working with anyone aged 5 - 16 or their families?

scan the QR code to find out more



#healthyholidayshull #haf2022



## healthy holidays winter

We know you care.

That's why we ask - please could you share?

Invite families to visit the website www.healthyholidayshull.org

Activities for children and young people with additional needs (SEND) included.

If you would like to receive information leaflets for families or have any questions - or ideas - on how we could further support you to encourage families to join the programme, please email us: healthyholidayshull@hullcc.gov.uk or call 07894 589550.

We provide leaflets in other languages and the website is available in multiple languages also.

Do you or your family and friends have children aged 5 - 16? They are invited to join the programme too!

Kindest Regards,

**Healthy Holidays Hull Team** 

Programme starts Monday 19 December and runs throughout the school holidays. Wider public will be invited to access the information Thursday 8 December; however, any families you are working with are invited to visit the website starting Thursday 1 December!

www.healthyholidayshull.org







If a family does not have access to the Internet, they can visit their local library to check out Healthy Holidays activities!

## f 🗹 🎯 healthyholidayshull



## healthy holidays winter

lots of free activities for children and young people

 Starts Monday 19 December
Swimming, Ice Skating, Holiday Camps, Boxing, Arts, Dance, Music and more
60 community groups delivering activities

Visit our website! If you do not have access to the Internet, why not visit your local library to check out Healthy Holidays activities!

www.healthyholidayshull.org



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Food banks 1) Orchard Park Centre OPEN Tuesdays 1pm till 4pm

## 2) Kingswood

Kingswood parks dental clinic HU7 3NS OPEN Monday to Friday 3pm till 5pm

## 3) Ings resource centre Savoy road

HU8 0TX OPEN Tuesdays 1pm till 4pm

### 4) Jubilee central

Waltham street HU1 3SL OPEN Mondays/Wednesday/Thursday and Friday 11am till 2pm

### 5) St john church

Rosemead street OPEN Tuesday and Fridays 9am till 11:30am

6) Unity in the community Endike lane OPEN Thursdays 9:30am till 11:30am

> 7) St Albans pantry Hall road hu6 8sa Tuesdays 9am till 12noon