



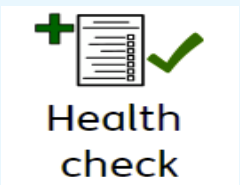
easy read



✓ **Learning disability Register**



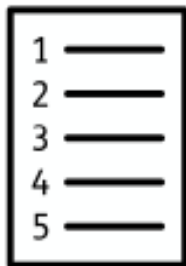
✓ **Reasonable Adjustments**



✓ **Annual Health Checks**



✓ **Immunisations at school**



Learning Disability Registers



A GP learning disability registers is a list of patients who have a learning disability.



Everyone on the learning disability register, aged 14 and over, should be asked to come to the GP practice for an annual health check.



Reasonable Adjustments

The learning disability register helps the staff at the GP practice identify children, young people, adults, their families and carers who may need extra support to get the health care they need. This support might include:



Wheelchair access.



Quieter waiting rooms.



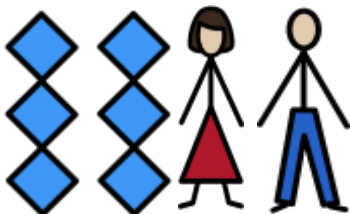
Letters and information that are easy to understand.



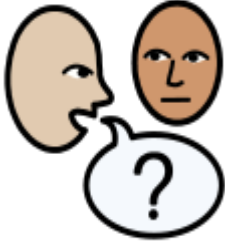
Appointments at quieter times of day.



Longer appointments.



Appointments with clinicians who are the same gender as the patient.



Anyone with a learning disability can ask to go on the learning disability register.



Or complete the letter below and send it to the GP practice.

Dear GP practice,

Child's name _____ Date of birth _____

NHS number _____

I am writing to check if my child is on the learning disability register. If they are not already, please could you put them on the register with the appropriate code at the earliest opportunity.

My child requires the following reasonable adjustments to support them to attend appointments

Thank you for your assistance
Parent / Carer name



Why have a learning disability Annual Health Check?



It helps children feel more confident about going to see a doctor or nurse.



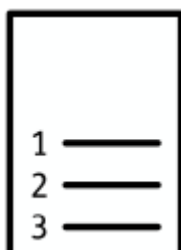
The doctor or nurse support children to stay well.



The doctor, nurse and the other practice staff can get to know your child and help to provide a positive experience.



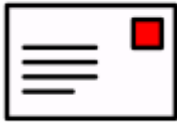
Annual health checks provide a top to toe annual health check and provide the time and opportunity to talk about health.



The health action plan provides ongoing support to address health needs.



Before the Annual Health Check



The GP practice will either call or send a letter inviting the patient in for a health check.



Tell the GP practice if there is anything they can do to help with the appointment. For example a quieter waiting area, this is called a reasonable adjustment.



Did the GP practice provide a health check book? If not please ask the GP practice or you can download and complete the Get checked out – Checklist.

<https://www.learningdisabilityservice-leeds.nhs.uk/get-checked-out/resources/service-user-family-and-carer-information/>



The GP practice might ask for a urine sample. A sample bottle can be collected from the GP practice.



Things to remember to take to the Annual Health Check appointment?



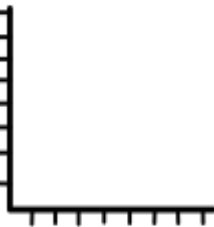
Please take the completed health check book or the get checked out checklist to the appointment.



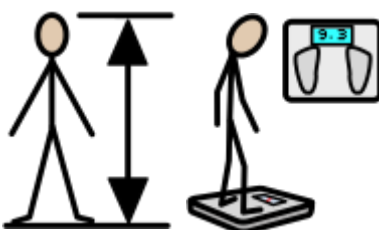
If you were given a sample bottle please take a sample of urine (wee).



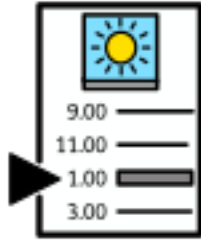
A list of medication.



Any health charts.



Height and weight measurements.



The Annual Health Check appointment



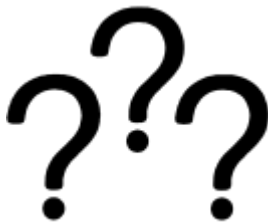
The appointment will take between 30-60 minutes.



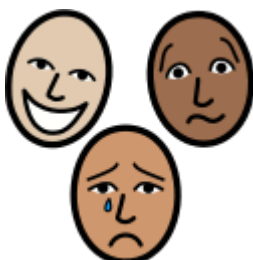
Children are supported by parents and carers during the appointment. Once a child is 16 they will be asked to give consent.



To support communication please find communication boards at the back of this guide.



The doctor or nurse will ask questions to complete a top to toe health check.



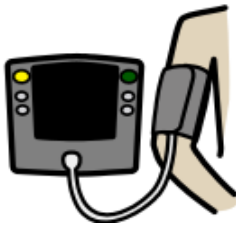
There is time to discuss thoughts, feelings and any concerns.



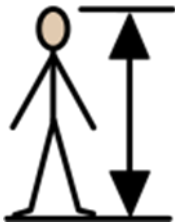
The doctor or nurse will test the urine sample.



The doctor or nurse will talk about medications.



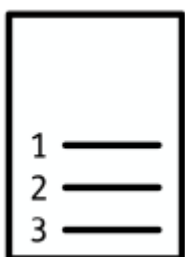
The doctor or nurse will take the patients blood pressure.



The doctor or nurse will record the patients height.



The doctor or nurse will record the patients weight.



At the end of the health check the doctor or nurse will complete a health action plan, this will support any health needs.



Immunisations at school



Immunisations can protect your child against some diseases.



Intrahealth are a healthcare company. They give immunisations to children in primary and secondary schools in Hull and East Riding.



For Children who miss having a vaccine at school Intrahealth provide community vaccine sessions.



The team includes the lead nurse called Victoria, 11 immunisation nurses and 1 health care assistant.



Years 6
and 7



Victoria and her team give the flu jabs and nasal sprays to primary schools (reception to year 6).

Year 8



Year 8 children can have the first HPV vaccine. The HPV vaccine reduces the risk of cervical cancer, head cancer, neck cancer and anal cancer.

Year 9



In year 9 both boys and girls are offered vaccines for diphtheria, tetanus and polio (DTP), the meningitis vaccine (ACWY) and the second HPV vaccine.



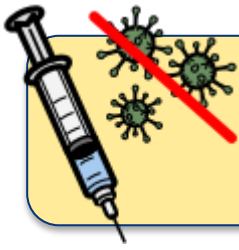
When the school sends the link for the e-consent for vaccines, please fill out a YES or NO consent form.



There are links on the forms to help find information about the vaccines.



Please complete and submit the form as soon as possible. For any questions and advice please call Intrahealth on 0333 358 3397.



COVID-19 vaccine



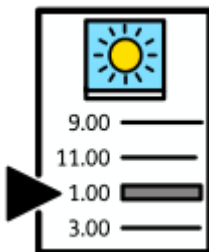
Children and young people aged 5 and over can now have a Covid 19 vaccination.



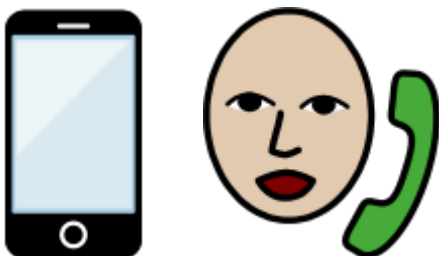
The vaccine will be given by trained staff at a local community hub.



A vaccine invitation might be sent in the post.



The letter will explain how to make an appointment for the vaccine.



Or use the telephone and call 119 to make your appointment.



Would you like more information?

Please find the link below to access other tools and resources from the wellbeing service.

<https://www.chcpcic.org.uk/chcp-services/wellbeing-service/pages/annual-health-checks>

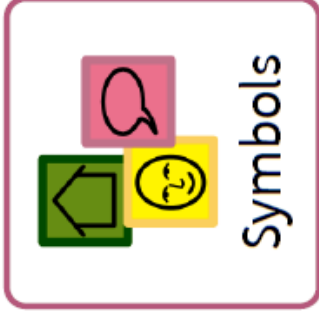




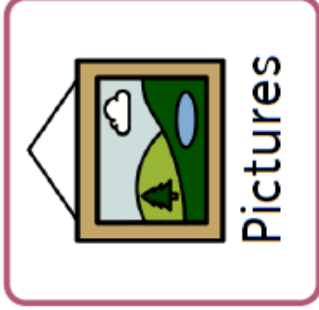
Sign language



PEC's



Symbols



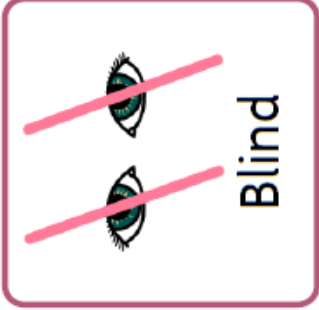
Pictures



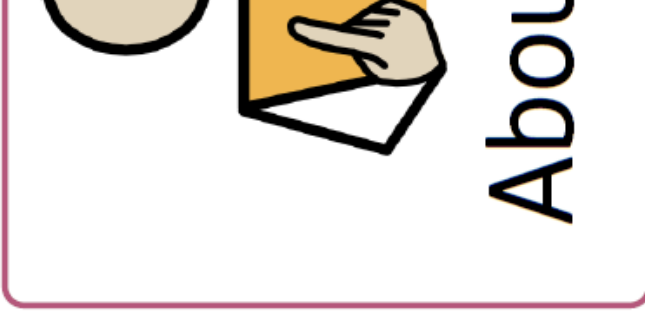
Object of reference



Deaf



Blind



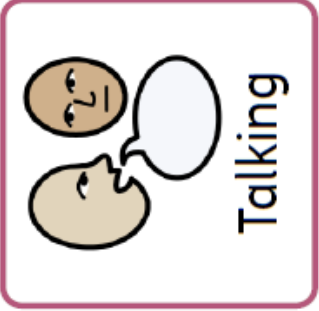
About Me



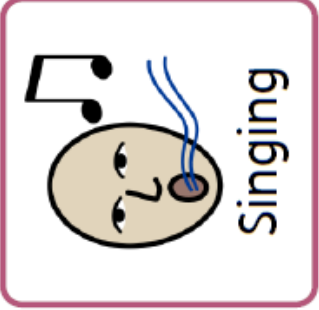
Seizure



Medicine



Talking



Singing



Noises



No touching



Wheelchair



Acheeva bed



Feed pump



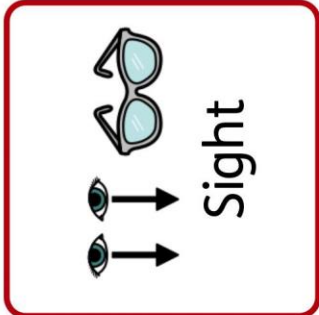
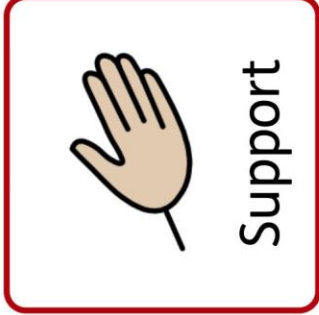
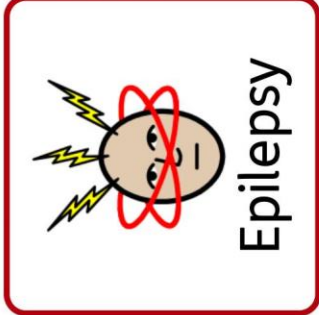
Sensory room



Fidget toy

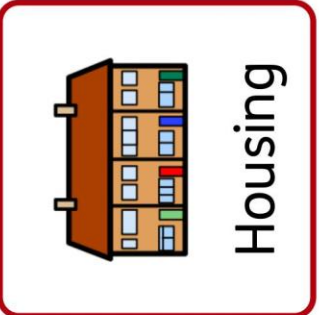
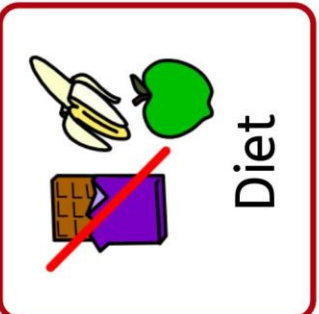
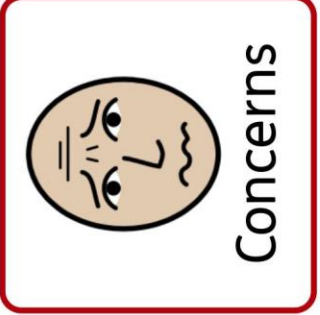
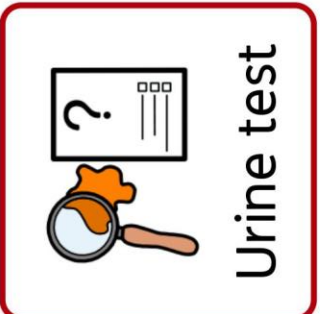
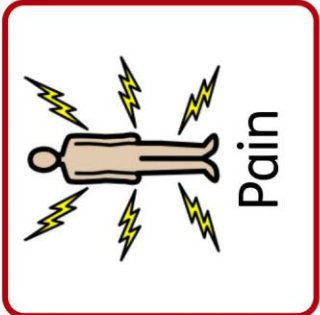
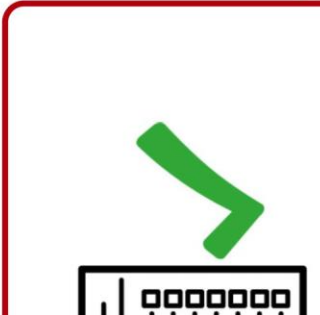


Talker



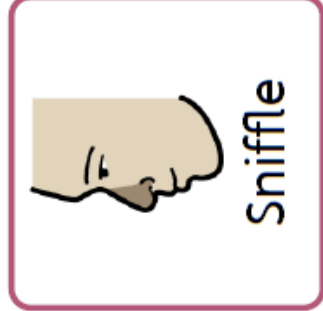
+

Annual Health Check





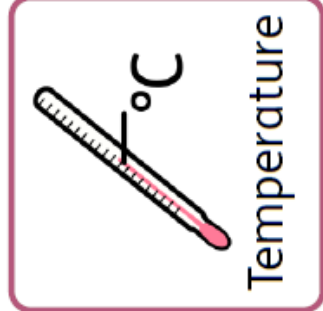
Arm hurting



Sniffle



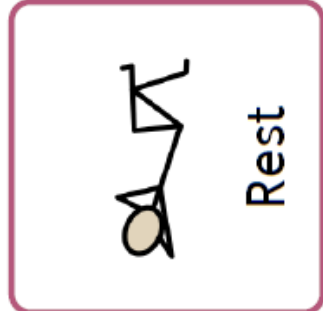
Flu



Temperature



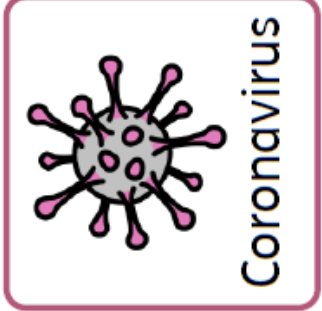
Feel tired



Rest



2nd vaccine



Coronavirus



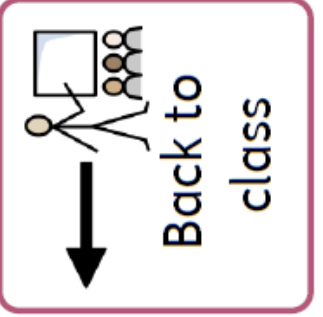
Important information



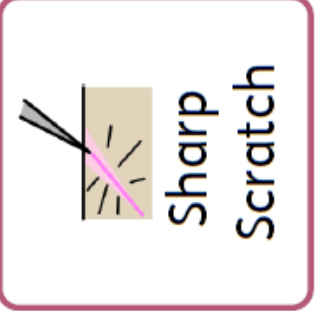
Injection



Help



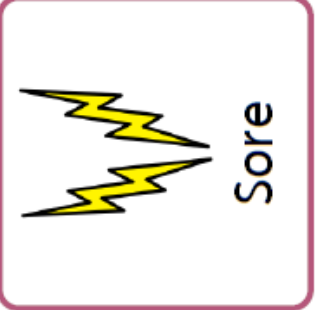
Back to class



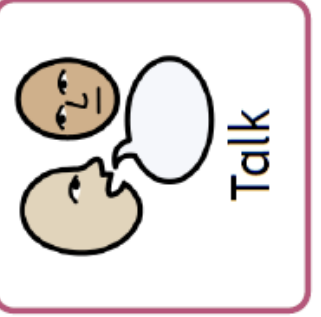
Sharp Scratch



Sore



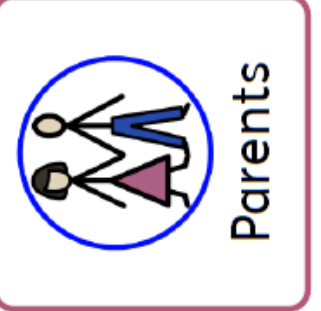
Safe



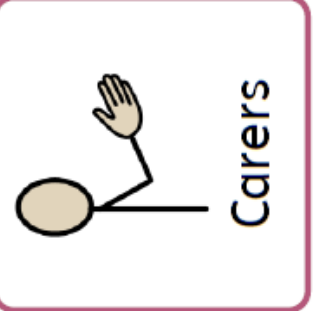
Talk



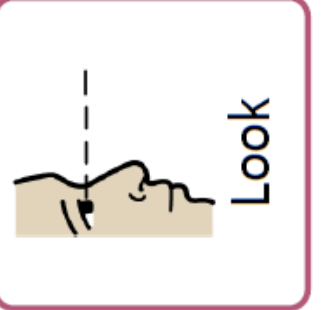
Listen



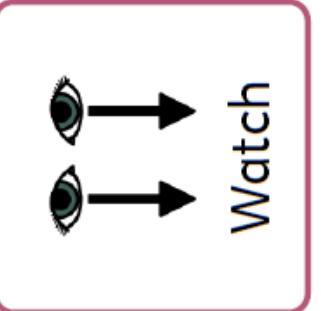
Parents



Carers



Look



Watch

