

Hessle road network kindly supported Mental health awareness at Tweendykes last week.

The event was attended by our Educational Mental health practitioner, ELSA (Emotional literacy support assistant) and staff in school.

The pupils created some lovely resources in a relaxed calming atmosphere – and had lots of fun.



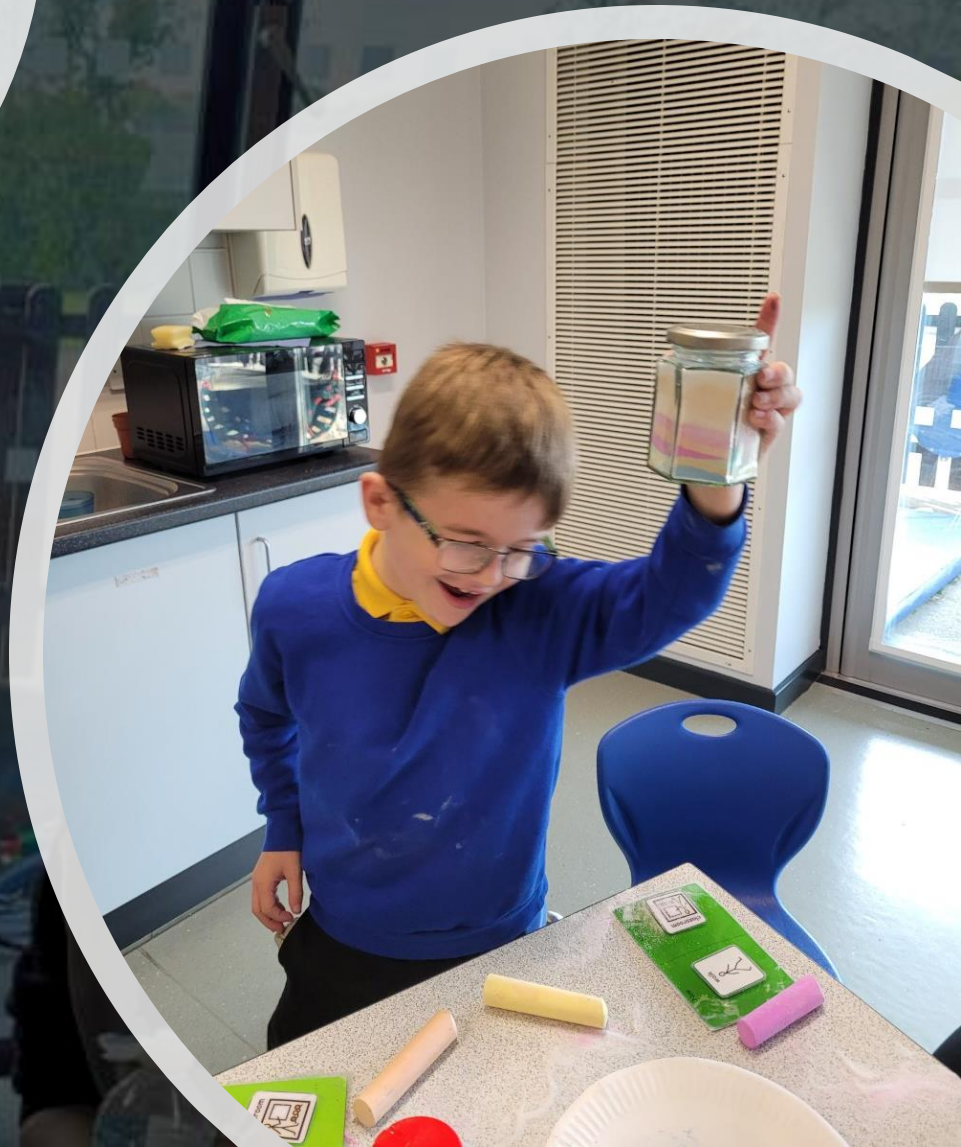


We celebrate accomplishments.



Calm mind brings inner strength and self-confidence.

It's good to talk





It's all about having fun and feeling good